Pattern Pulses: Design of arbitrary excitation profiles as a function of pulse amplitude and offset

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Abstract

A novel class of pulses is presented which can be regarded as a generalization of both frequency-selective pulses and $B_1$-selective pulses. The excitation profile of these pulses forms a pre-defined pattern in two dimensions, which are spanned by pulse offset and rf amplitude. The presented pulses were designed numerically based on principles of optimal control theory. For simple test patterns, we demonstrate the flexibility of this approach by simulations and experiments. This previously unknown flexibility may trigger novel applications in NMR spectroscopy and imaging. As a first practical application, we demonstrate a direct approach for calibrating rf pulses.
1 Introduction

Radio-frequency pulses with defined excitation or inversion profiles have a long history in NMR (1-6). Pulses which are selective, band-selective and broadband with respect to offset and/or rf amplitude have found numerous applications in NMR spectroscopy and imaging. A particularly powerful approach for the design of such pulses is based on principles of optimal control theory (7-10), which make it possible to optimize a large number of pulse-sequence parameters very efficiently. As conventional approaches were typically limited to a few dozens of pulse parameters, a typical strategy was to restrict the optimization to certain pulse families, such as composite pulses with a limited number of flip and phase angles (1, 4), Gaussian pulse cascades (11), spline functions (12) or Fourier expansions (13, 14). In contrast, the number of pulse parameters that can be optimized by optimal control based algorithms can be several orders of magnitude larger compared to conventional approaches. In NMR, this approach has been used so far to design band-selective pulses (9, 15-17), robust broadband excitation and inversion pulses (18-21) and to explore the physical limits of pulse performance (20). Here, we demonstrate the design of pulses which create arbitrary patterns as a function of offset and rf amplitude.

2 Theory

We consider an uncoupled spin 1/2 with offset frequency $\nu_0$ which is subject to radio frequency (rf) irradiation of duration $\tau$. The rf irradiation is characterized by its (nominal) maximum rf amplitude $\nu_1 = -\gamma B_1^{\text{max}}/(2\pi)$ and by the two real functions $\phi(t)$ and $s(t)$, where $\phi(t)$ is the phase of the rf field and $s(t)$ represents the shape function of the rf amplitude modulation, which is positive and scaled such that the maximum value of $s(t)$ is 1.

Here, we restrict the following discussion to excitation pulses that create $x$ magnetization if applied to initial $z$ magnetization. However, the results can be immediately generalized
to other pulses, such as saturation or inversion pulses. (In fact, the design of selective inversion pulses is generally considered to be an easier problem than the design of selective excitation pulses (5, 22).)

For conventional pulses, the desired excitation profile as a function of offset ($\nu_0$) and rf amplitude ($\nu_1$) typically has the form of a rectangle. The width $\Delta\nu_0$ of this rectangular profile corresponds to the bandwidth of frequency offsets to be covered, whereas the height $\Delta\nu_1$ of the rectangle specifies the range of rf amplitudes $\nu_1$ for which the pulse is expected to be functional. For example, for a broadband excitation pulse which is also robust with respect to rf amplitude variations due to pulse miscalibration or due to rf inhomogeneity, both $\Delta\nu_0$ and $\Delta\nu_1$ should be large, see e.g. (18-21, 23-27). In contrast, for offset-selective or rf amplitude-selective pulses, $\Delta\nu_0$ or $\Delta\nu_1$ should be small, respectively (4, 5, 22, 28-36). However, as shown below, it is possible to create much more sophisticated patterns of excitation as a function of $\nu_0$ and $\nu_1$.

In Fig. 1 A-D, a series of simple test patterns is shown. In these examples, the test patterns were specified as the desired orientation of the target magnetization vector $M_t$ after the pulse (white: $M_t = (1, 0, 0)$, black: $M_t = (0, 0, 1)$) on a grid of $N_0$ equally spaced offsets $\nu_0$ between $-5$ kHz and $+5$ kHz (but $\pm 10$ kHz in Fig. 1 B) and $N_1$ equally spaced rf amplitudes $\nu_1$ between 6 kHz and 14 kHz. Here, the $N_0 \times N_1$ grid of offsets and rf amplitudes, for which the desired $M_x$ component was specified, was chosen to be $40 \times 16$ (Fig. 1A), $105 \times 10$ (Fig. 1B), and $40 \times 10$ (Fig. 1C, D).

Fig. 1A represents an excitation profile that is band-selective with respect to rf amplitude ($9$ kHz $\leq \nu_1 \leq 11$ kHz) and broadband with respect to offset ($-5$ kHz $\leq \nu_0 \leq 5$ kHz). Conversely, Fig. 1B represents a profile that is narrowband with respect to offset ($-1$ kHz $\leq \nu_0 \leq 1$ kHz) and broadband with respect to rf amplitude ($6$ kHz $\leq \nu_1 \leq 14$ kHz). Figures 1 C and D represent more general excitation patterns that cannot be specified by a rectangular excitation region with band widths $\Delta\nu_0$ and $\Delta\nu_1$. The pattern in Fig. 1C corresponds to a pulse that excites spins at different offsets, depending on the rf
amplitude. In particular, here the desired excitation frequency $\nu_0$ was proportional to $\nu_1$. Conversely, the pattern in Fig. 1D excites $x$ magnetization for all combinations of $\nu_0$ and $\nu_1$ in the given range, except for offsets that are proportional to the rf amplitude.

For these target patterns, we optimized rf pulses using the general optimal control based gradient ascent strategy with the cost (21)

$$\Phi = \sum_{\nu_0} \sum_{\nu_1} ||\vec{M}_f(\nu_0, \nu_1) - \vec{M}_t(\nu_0, \nu_1)||_2^2,$$

where $M_f$ is the final magnetization vector after a given pulse, $M_t$ is the target vector, as specified in Fig. 1 A-D. In general, larger pulse durations result in larger flexibility of the achievable excitation pattern. Here, we chose pulse durations of 2, 3, 5, and 5 ms. Each pulse was digitized in steps of 0.5 $\mu$s and the $x$ and $y$ amplitudes of all subpulses were optimized (18, 19). For example, for a pulse duration of 5 ms, this corresponds to 20000 optimization parameters. The amplitude and phase functions $s(t)$ and $\phi(t)$ of the resulting pulses are shown in Figs. 2 A-D. The performance of the optimized pulses was first analyzed by simulating the excitation profiles numerically for the same range of offsets and rf amplitudes as in Figs. 1 A-D (but on a finer grid of $100 \times 21$ combinations of $\nu_0$ and $\nu_1$). In all cases, a reasonable match is found between desired and simulated excitation profiles.

The examples shown in Fig. 1 suggest that the power and flexibility of the optimum control gradient ascent algorithm will allow to create arbitrary excitation patterns, provided the specified pulse duration is sufficiently long. As a non-trivial test case, we specified the more complex pattern shown in Fig. 3. Here, the target pattern was defined on a grid of $N_0 = 120$ equally spaced offsets $\nu_0$ between $\pm 10$ kHz and $N_1 = 20$ equally spaced rf amplitudes between 6 kHz and 14 kHz. A pulse with a duration of 5 ms was optimized (data not shown), which created the simulated excitation pattern shown in Fig. 3 B.
3 Experimental

The new pattern pulses were tested experimentally using a sample of 99.96% D$_2$O doped with CuSO$_4$ to a final $T_1$ relaxation time of $\sim 500$ ms. This solution was placed in a 5 mm Shigemi limited volume tube with a very restricted active volume of only 20 µl in order to reduce the $B_1$ field inhomogeneity in the sample. The experiments were performed on a Bruker Avance spectrometer equipped with modern SGU units for RF control and linearized amplifiers.

We used two different approaches to acquire the experimental $\nu_0$-$\nu_1$ pattern of a given pulse. In the first approach, a spectrum of the sample is acquired for each combination of $\nu_0$ and $\nu_1$. The resulting peak amplitude as a function of offset and rf amplitude represents the experimental excitation pattern. For example, for $N_0=41$ offset values and $N_1=20$ different rf amplitude settings, this requires the acquisition of $N_0N_1= 820$ scans. Hence, with a typical delay of 1 s between scans, the acquisition of a detailed two-dimensional excitation pattern requires about 14 minutes.

Alternatively, for each rf amplitude $\nu_1$, the response of the spins can be simultaneously acquired for a desired offset range in a single shot by performing the experiments in the presence of a $B_0$ field gradient (37, 38). As we were interested only in the $x$ component of the final magnetization vectors, we used the following variant of the single shot experiment, which is insensitive to imperfect gradient switching (c.f. Fig. 4). The experiment exploits the excellent broadband excitation characteristics of BEBOP pulses (18, 19), which have been calibrated and tested on our spectrometer before. Here, we used a BEBOP pulse with a maximum rf amplitude of $\nu_1=17.5$ kHz and a duration of 125 µs (21), which transforms $z$ magnetization to $x$ magnetization over a bandwidth of 40 kHz. (For actual calibration experiments, a more robust pulse, such as the 500 µs BEBOP pulse should be used, which is insensitive to $\nu_1$ variations of about ± 2 dB (19)). Immediately after the shaped pulse of interest is applied to the sample, the resulting $x$ magnetization is flipped to the $z$ axis by
a time-reversed BEBOP pulse. Any remaining transverse magnetization is defocused by the gradient during a delay $\delta = 1.2$ ms and finally the stored $z$ magnetization is brought back to the $x$ axis by the BEBOP pulse and is detected. Fourier transformation of the FID yields the excitation profile of the shaped pulse of interest. The single shot approach for each $\nu_1$ setting significantly reduces the time required to measure the experimental excitation pattern as a function of $\nu_0$ and $\nu_1$, e.g. in the example given above, the time is reduced from 14 minutes to only 20 seconds. A disadvantage of the single-shot approach is that distorted patterns can result if $B_0$ gradient and $B_1$ inhomogeneity are spatially correlated. Conversely, this effect may be useful to measure such correlations.

Figs. 1 A′-D′ and 2 C show experimental excitation patterns acquired using the first approach for $N_0=41$ different offsets $\nu_1$ and $N_1=17$ different rf amplitudes (except for Fig. 1 A′, where $N_1=20$). In all cases, an excellent match is found between simulated and experimental excitation patterns.

4 Calibration pulses

The simple patterns created in this exploratory study are reminiscent of early test patterns used to calibrate TV sets. For example, in 1934, the BBC used a simple test card which showed a circle over a horizontal line (39). In the following decades, more sophisticated test patterns were designed and are still being used by engineers to calibrate monitors. Similarly, specifically designed pattern pulses could also become a useful tool for setting up experiments and testing spectrometer hardware.

As an illustrative example, consider the calibration of rf amplitudes. The simple pattern shown in Fig. 1 C directly translates rf amplitude into excitation frequency and hence, the rf amplitude $\nu_1$ can be directly inferred from the excitation frequency in a single shot experiment. The flexibility of pattern pulses makes it possible to design more sophisti-
cated calibration pulses which provide internal "tick marks" to directly quantify a given rf misadjustment. To illustrate this approach, we designed the test pattern shown in Fig. 5 A for the calibration of a rf pulse with an amplitude $\nu_1$ of 10 kHz. The desired excitation pattern consists of five separate frequency bands at the offsets 0 kHz, $\pm 1.5$ kHz, and $\pm 3.5$ kHz, which were designed to have different bandwidths in order to be easily distinguishable. For the desired rf amplitude of 10 kHz, the central band at an offset of 0 kHz is not excited, whereas the bands at $-1.5$ kHz and $-3.5$ kHz are negative (corresponding to $-x$ magnetization) and the bands at $+1.5$ kHz and $+3.5$ kHz are positive (corresponding to $+x$ magnetization). If the actual rf amplitude is only 6 kHz, all five bands in the excitation profile are positive, whereas for an rf amplitude of 14 kHz, all five bands are negative. For any intermediate rf amplitude, the resulting excitation profile as a function of $\nu_0$ allows to determine the actual misadjustment of the rf amplitude. A corresponding pulse with a duration of 6 ms was optimized to create this pattern and the simulated excitation profile is shown in Fig. 5 B. Fig. 5 C shows seven experimental single shot spectra for rf amplitudes between 6.3 and 14.1 kHz, corresponding to rf amplitude missettings between $+4$ and $-3$ dB. Each of these spectra would allow to determine the necessary attenuator correction to achieve the desired pulse amplitude. In practice, several such calibration pulses with different grid resolution could be used for rough and subsequent fine adjustment of the rf power level.

5 Discussion

We demonstrated the ability to design complex excitation patterns as a function of offset and rf amplitude, using efficient optimization algorithms based on ideas from optimal control theory. Clearly, the achievable resolution in $\nu_0$ and $\nu_1$ of a desired excitation pattern depends on the pulse duration, the pulse digitization and the number of optimization parameters. A detailed study of these relations is beyond the scope of this paper but will
be an interesting subject for future investigations. In the present study, we used pulse durations between 2 and 6 ms and up to 24000 optimization parameters, which resulted in practical pulses. This study as well as previous studies (18, 19, 21) clearly show that state of the art spectrometers can implement complicated pulses defined in a shape file with the same ease as much simpler pulses. We expect that the ability to create virtually arbitrary excitation patterns as a function of $\nu_0$ and $\nu_1$ will find numerous applications in NMR spectroscopy and imaging. For example, the flexibility of pattern pulses makes it possible to excite a predefined region of interest in localized NMR experiments in the presence of both $B_0$ and $B_1$ gradients. As a simple example, we demonstrated the use of a specifically designed test pattern for $B_1$ calibration. The presented pattern pulses are point-to-point transformations that rotate a given initial magnetization vector to a desired final vector, however the methodology is also applicable to the development of potentially useful general rotation pulses.

Pulses described in this communication can be downloaded in Bruker format from http://www.org.chemie.tu-muenchen.de/people/bulu/.

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References


Figure captions

**Figure 1**: Simple target patterns as a function of offset $\nu_0$ and maximum rf amplitude $\nu_1$ are shown in A-D. For initial $z$ magnetization, the desired orientation of the target magnetization vector $M_t$ after the pulse is color coded: (white: $M_t = (1,0,0)$, black: $M_t = (0,0,1)$). For the corresponding optimized pulses shown in Fig. 2, simulated (A′-D′) and experimental (A′′-D′′) excitation profiles are presented, where the grey scale of the contour plots represents the actual $x$ component of the final magnetization vector after the pulse (white: $M_x = 1$, black: $M_x = 0$).

**Figure 2**: Pulse amplitude and phase functions $s(t)$ and $\phi(t)$ of shaped pulses optimized to approach the target patterns shown in Fig. 1 A-D.

**Figure 3**: More complex target excitation pattern (A) and the corresponding simulated (B) and experimental (C) excitation profile of an optimized pulse.

**Figure 4**: Schematic representation of an experiment for the acquisition of the excitation profile as a function of offset $\nu_0$ in a single shot. The investigated excitation pulse of duration $T$ (grey rectangle) is applied in the presence of the gradient $G_1$. Immediately after the excitation pulse, $x$ magnetization is brought back to the $z$ axis by a time reversed broadband excitation pulse (BEBOP-tr) (18, 19, 20, 21), and during the delay $\delta$ any remaining transverse magnetization is dephased by applying a gradient $G_2$. Finally, in the presence of $G_1$, the stored $z$ magnetization is rotated to the $x$ axis by a BEBOP pulse and the FID is recorded.

**Figure 5**: Example of a specifically designed test pattern for the experimental calibration of rf amplitudes in a single shot, (A) target excitation pattern (white: $M_x = 1$, grey: $M_x = 0$, black: $M_x = -1$). In (B), the simulated excitation pattern of an optimized pulse is shown. At the rf amplitudes indicated by dashed horizontal lines (6.3 kHz, 7.4 kHz, ,
8.7 kHz, 10.0 kHz, 11.2 kHz, 12.6 kHz, and 14.1 kHz, corresponding to attenuations of 4 dB, 2.6 dB, 1.2 dB, 0 dB, -1 dB, -2 dB, and -3 dB, respectively, the experimental single shot spectra shown in (C) were acquired.
Figure 1
Figure 2
Figure 3
Figure 4
Figure 5